

Activity: Notice, Own, Advocate, Cede¹

Purpose:

- To understand the four components of ceding power: Notice, Own, Advocate, Cede.
- To make each person's power visible to themselves and others.

Audience: This activity can be used with a group of any size and can be done with youth and adults. In larger groups, discussions should take place in small groups.

Suggested Time: 15-30 minutes

Facilitator note: This activity should take place in a space where group agreements have been established.

1. As a group read this statement below from [Equity Meets Design](#).

If we have found ourselves engaging with or leading a design process, we are likely experiencing having unearned power. In order to cede power: **Notice** what kinds of power, power dynamics and power differentials currently exist and where they came from, **Own** our own (often unearned) power and the implications and impact of that power on others, **Advocate** for the redistribution of power towards a more equitable reality which includes first having a vision for what an equitable and appropriate power distribution is for a given situation and then **Cede** our own power to shift us towards that reality.

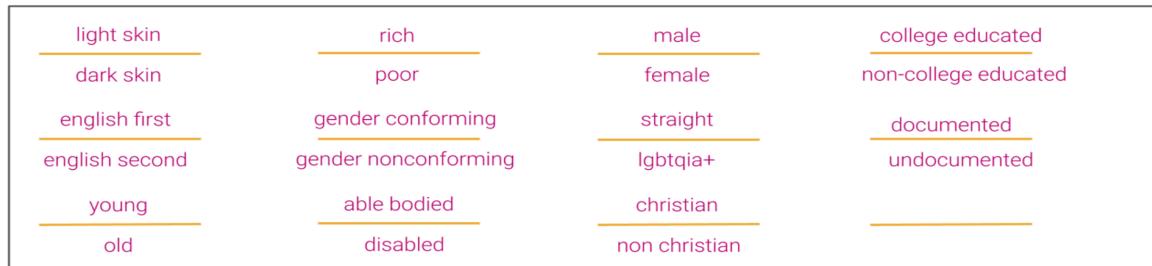
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2. Ask each participant to consider this statement and write down one thing that was an "Aha," one thing that was "Affirming," and one thing that left them "Wondering." Discuss what they wrote in groups of three.

¹ Adapted from [Ortiz Guzman, Christine \(2023\). Just Design: The equityXdesign Book.](#)

3. Introduce the next graphic to the group. “*This graphic from Equity Meetings Design shows 11 ways that power might show up on teams. The assumption is that in our culture, the characteristic on the top is given more power in most spaces.*”

Make Power Dynamics visible.



4. Ask participants to spend time independently noticing and owning what power dynamics they might bring to this space. Consider those that are listed as well as power dynamics that might not be listed.
5. Share out. In a small group (less than ten people), remain as a whole group. Each person shares their potential power to make them visible. “In this group, my potential power comes from being ____.” In a larger group, form breakout groups of any size from three to ten people.
6. Reflection. Ask people to reflect individually on something they learned from this activity or a commitment they want to make as a member of this team. After personal reflection time, sharing should be optional.